

Abstract

- 5 A wooden composite "I" Beam 10 comprising upper and lower
plywood flanges 11,12 interconnected by a web 13 comprising
a pair of widely spaced apart planar side walls 25 26 formed
from wood or wood derivative material. The cavity formed
within the web 13 is filled with a core of cellular material
10 17 corrugated cardboard or paper which is adhered to the side
walls and flanges using adhesive resin.